

## BIRTHDAYS

- 2<sup>nd</sup>- Tiffany Ann Pasker  
3<sup>rd</sup>- Jay Nielsen, Samantha Ellis  
4<sup>th</sup>- Darin Olsen, Ryker Reynolds  
5<sup>th</sup>- Ruth Clegg  
6<sup>th</sup>- Ron Baker  
7<sup>th</sup>- Harry Mills  
9<sup>th</sup>- Taralynn Thompson  
10<sup>th</sup>- Terri Haslam, Donna Rose  
12<sup>th</sup>- Joshua Ellis  
13<sup>th</sup>- Priscilla Trujillo  
14<sup>th</sup>- Mont Bishop, Sophia Larson  
15<sup>th</sup>- Matt Pendleton, Elizabeth Morrison  
16<sup>th</sup>- Brenda Miller  
17<sup>th</sup>- Ralph Tolman  
19<sup>th</sup>- Ryker Olsen  
20<sup>th</sup>- Klarissa Wells, Jill Rigby  
21<sup>st</sup>- Marie Thompson, Fred Biesinger, Clayton Williams  
26<sup>th</sup>- Strider Curtis  
27<sup>th</sup>- Lee Guest, Alec Jones, Glen Ebmeyer, Norma Williams  
28<sup>th</sup>- Kyle Anderton

## STAKE INFORMATION

Sandy East Stake's "From Cummorah's Hill" practices will begin Sunday, January 8th, from 7:00 - 8:30 p.m. at the Stake Center. There is no need to sign up, just come! All are welcome! If you don't want to sing, you can help with dance, set, drama, and speaking parts. (The choir has a particular need for male voices.) Questions? Contact Joanne Andrus, Stake Cultural Arts Director @ 801-576-9482 artsynews@gmail.com .

## CHOIR

Choir practice is held on Sunday mornings at 9:45am. We will start in the Relief Society Room and move to the chapel. We welcome all who love to sing, including our young men and women, to join us.

## MISSIONARIES

Elder Richard Rawlings  
19 Clairedan Dr.  
Powell, OH 43065

Elder Clayton Williams  
Mexico Monterrey East Mission  
POB 30150  
Salt Lake City, UT 84130-0150

Elder Kenneth Milne  
MTC Mailbox 205  
PAR-ASUN 0926  
2005 N. 900 E.  
Provo, UT 84604-1793

## RECIPE OF THE MONTH

### Garlic Alfredo Sauce

(serves 4, double if you are making an entire package of pasta)

- 4 Tablespoons Unsalted Butter
- 3 cloves Garlic, Finely Minced
- ½ packages (8 Oz. Package) Cream Cheese, softened and cut into 1/2-inch cubes
- 1 cup Milk
- 3 ounces Parmesan Cheese, grated
- ½ teaspoons Ground Black Pepper
- Kosher Salt To Taste

Melt butter in a medium, nonstick saucepan over medium heat. Add garlic and cook for 2 minutes. Add cream cheese, stirring with a whisk until smooth. Add milk, a little at a time, whisking until smooth. Stir in parmesan and pepper. Season with kosher salt as needed. Remove from heat when sauce reaches desired consistency. Sauce will thicken quickly. Serve with cooked pasta, and enjoy!

# WILLOW CANYON 1<sup>ST</sup> WARD FEBRUARY 2012 NEWSLETTER

## BISHOPRIC MESSAGE

In an advertisement on the television a couple is shown walking down the street. The woman turns to the man and says, "I think I want a baby." The man looks startled and then goes on to list a bunch of activities that he would like to do first. Then turns to the woman and says, "Ok, there's just a few things we need to do first." The same company has another along the same vein but about getting married.

What an interesting and perilous time we live in where marriage and family as defined in the gospel is seen as an institution to be delayed or avoided until we have fulfilled all of our own desires. Satan would have us believe that we will only find true happiness when pursuing self gratification, without the weight of a spouse or family to drag us down.

17 years ago a proclamation was made to the world which taught exactly the opposite and warned that "the disintegration of the family will bring upon individuals, communities, and nations the calamities foretold by ancient and modern prophets." In a 1996 conference address, Elder Russell M. Nelson said, "when parents face children as would the Creator who gave them life, parents will be endowed with wisdom beyond that of their own. Wise mothers and fathers will teach members of their family how to make personal decisions based upon divine law. They will teach them that "this life is the time ... to prepare to meet God" (Alma 34:32). They will teach them that decisions of a moral and spiritual character cannot be based on freedom to choose without accountability to God



for those choices (see D&C 101:78). With that understanding, parents and children will be rewarded with strength of character, peace of mind, joy, and rejoicing in their posterity. The Joseph Smith Translation adds this insight: "When thy posterity shall embrace the truth, and look upward, then shall Zion look downward, and all the heavens shall shake with gladness, and the earth shall tremble with joy" (JST2 Gen. 9:22)."

Husband, wife, parent or child, we are all part of a family. Joy and rejoicing aren't abstract blessings to look for in the future when the Lord shall make up His jewels, but it is to be experienced now, firm in the knowledge that through the sealing ordinance we can be with our families forever. The Proclamation on the Family teaches us that "Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ. Successful marriages and families are established and maintained on principles of faith, prayer, repentance, forgiveness, respect, love, compassion, work, and wholesome recreational activities."

May we each keep ourselves and our families founded on the teachings of the Lord Jesus Christ and have joy and rejoicing with our families today and in the future. Your Bishopric.

## RELIEF SOCIETY

It is with deep gratitude that we thank, Evah McMullin (pianist), Sallie Schmitt (chorister), and Kaylin Nydegger (Meeting Coordinator) for their dedication and service in the Relief Society. We wish them well in their new callings and hope they will be able to continue to attend Relief Society.

We welcome Laura Woodhouse as Chorister, Kaylin Nydegger as pianist, Kim Leshner as our new Meeting Coordinator (formally Activities/Enrichment Coordinator), and Camie Coles as our Ward Liason. We are grateful to these sisters for accepting these calls.

We are hoping that all the changes in Visiting Teaching are in agreement with everyone and that we can keep our good percentages up in visiting every sister in our

ward each month. They all deserve a dedicated Visiting Teacher who truly is interested in her welfare.

Please keep in mind the coming Stake Woman's Service Project on Saturday February 25<sup>th</sup> from 9:00am to 12:00. Our ward has been assigned to provide 100 hand towels for the service project and 4 dozen muffins for the luncheon.

As the Ward Theme for the month of February is "Family" we encourage each family to read Elder Neil L. Andersen's talk "Children" in the November 2011 Ensign, pg. 28 and Elder Richard J. Maynes' talk "Establishing a Christ-Centered Home" in the May Ensign, pg. 37.

Remember that Sunday February 12<sup>th</sup> at 10:00 am is our Stake Conference when the Stake Presidency will be changed. There will be two General Authorities visiting us and making these changes.

## PRIMARY

Yearly Theme: Choose the Right

February Theme: When we Choose the Right, we are Blessed.

February Scripture: "If you do keep his commandments he doth bless you and prosper you" (Mosiah 2:22)

Thanks to Emilie Wright for serving in primary. It was just a few short weeks, but we are grateful for her service.

We took a few primary families to the Care Center last Sunday to do Sacrament meeting. Thank you to all who helped us out. Such a great service we were able to do for the residences there. The spirit was felt in each of the talks and the musical numbers were beautiful.

For all kids turning 8 this year, we are having a "It's Great to be 8" meeting on Sunday, February 26<sup>th</sup> at 4:30 pm. A quick little meeting to get you all the information you need for up-coming baptisms and Activity Days/Scouts after you turn 8. Hope you can all be there.

## YOUNG WOMEN

Feb. 1 YMYW Baptisms for the Dead

Feb. 8 Valentine's Activity

Feb. 14 Welcome to YW Sophia Larson!

Feb. 15 YMYW Food Bank Service Project \*Bring a can of food\*

Feb. 22 No Activity

Feb. 25 Stake Women's/YW Conference 9:00-12:00

Feb. 29 PPP Activity

YW Basketball: Every Thursday @ 7 pm thru March 8<sup>th</sup>  
We would like to thank the newly-released YW Presidency for the love and service they have given the Young Women. We are truly grateful for your efforts.

## EMERGENCY PREP

The Sandy Home Storage Center (dry pack cannery) has a new time schedule. The new operating hours are Mondays 11:00 a.m.- 3:00 p.m. Tuesday, Wednesday, Thursday and Friday 11:00 a.m.- 8:00 p.m. Saturday 10:00 a.m.- 2:00 p.m. Our stake time to use the cannery for February is on Monday the 13<sup>th</sup> 11:00 a.m.-3:00 p.m.

Emergency Essentials is having a sale right now on some of their water barrels. They have a product out now a 24 fluid oz. can of emergency water that has been purified twice before it is vacuumed sealed. It has a shelf life of 30 years and is not effected by heat or cold. It can be stored outside or inside. Because it is in a can it is rodent proof and is excellent to use in mixing baby formula for bottles because of it's safety standards. This would be good for your emergency car kits because the water is not effected by the extremes in the weather. It is regularly \$4.50 but is on sale right now for \$3.99 a can. You can go on line at Emergency Essentials and see more info. on this and other emergency products.