

WILLOW CANYON IST WARD

Physical Health and Word of Wisdom



BISHOPRIC MESSAGE

MAY 2006

"And shall find wisdom and great treasures of knowledge, even hidden treasures; And shall run and not be weary and shall walk and not faint:

D&C 89: 19-20

Brigham Young once said that "every principle of the gospel carries with it a conviction of its truth to those who live it."

Those who live the Word of Wisdom know the truth of the Word of Wisdom. You cannot live the Word of Wisdom, you cannot observe it, without recognizing the hand of the Lord in this marvelous thing which we call the Word of Wisdom, which is the only law of health any where under the heavens that carries with it a divine promise concerning those who observe and live it. (President Gordon B. Hinckley)

You may ask yourself what is a hidden treasure? When one gets up in front of a congregation and testifies that he knows that God lives, that Jesus Christ is His son, that Jesus Christ is our living redeemer, that the Church of Jesus Christ of Latter day Saints is the only true church of Christ and that there is a living prophet on earth today—Is this not wisdom and

even hidden treasures?

President Boyd K. Packer once said, "even a drink of coffee can interfere with the promptings of the Holy Ghost". God is our creator and we are made in his image. These marvelous bodies are His creations. We are told again and again that the body is a temple of the spirit.

It is easy to take our physical health for granted until we are afflicted with a sickness, illness or accident. Do we pray for healing or good health only when we are afflicted? We should not only practice good physical and spiritual habits every day, we should also express out gratitude each and every day for our physical and spiritual health.

We love you. May we all find the "Treasures".

Your Bishopric

Gospel Doctrine Class

May 7 Num 22-24; 31:1-16 May 14 Duet. 6; 8; 11; 32 May 21 Joshua 1-6; 23-24 May 28 Judges 2; 4; 6-7;

13 -16

Gordon B. Hinckley

"There must be purpose in our lives. We are here to accomplish something, to bless society with our talents and our learning. There can be fun, yes. But there must be recognition of the fact that life is serious, that the risks are great, but that we can overcome them if we will discipline ourselves and seek the unfailing strength of the Lord."



It is time to prepare for the Fun Run in June.

This year the whole stake will be involved.

To prepare for the run/walk everyone is encouraged to meet every Saturday Morning at 7:00am at the Church and you will be taught how to get in shape for the event, so lace up your shoes and get on up to the church on Saturdays.

We are sorry to say goodbye to **Beverly Parry** as she has moved to West Jordan. Beverly really appreciated all the help with packing and moving by members of the ward. It was a huge undertaking and we only saw a part of that job. Beverly now has to unpack everything that we packed up. We wish her well and hope she will be happy in her new home and ward.

A new family is moving into Beverly's home. Larry and Shannon Curtis. They have two boys ages 4 and 2. They will have lots of room to grow in their new home. They are a delightful young family and we welcome them into the neighborhood and ward.

RELIEF SOCIETY

Look forward to our next Enrichment which will be the Summer Social.

We want to welcome Natalie Nielson-Riep as our Relief Society Music Director. We appreciate her willingness to serve with us.

NEWSLETTER:

!Get all information to
Marilyn by May 30th call
571-2114 If I do not answer,
leave a message on the machine. or e-mail: marilyn@
toplinepromotions.com.
Please notify me of any news
in your neighborhood. Thank
you for your help. Remember the date - 30th - TUES-

TEMPLE: ALL WHO CAN GO, ARE ENCOURAGED TO ATTEND BETWEEN 1 PM AND 4 PM. WHEN THE TEMPLE IS LESS BUSY. NO SPECIFIC DAY IS PLANNED THIS MONTH. GO WHENEVER YOU CAN.

JUNE 9TH IS A STAKE TEMPLE DAY. THERE WILL BE A CHAPEL MEETING AT 8:30PM AND A WARD SOCIAL AT THE MESSERLYS IS PLANNED FOR FOLLOWING THE CHAPEL MEETING. PLAN NOW TO AT-TEND A SESSION BEFORE THE 6:40PM SESSION SO YOU CAN GO TO THE CHAPEL MEETING AT 8:30PM.. FATHERS AND SONS PLAN FOR TWO EVENTS THIS MONTH. MAY 13 IS THE STAKE FATHERS AND SONS AT THE STAKE CENTER 8 AM. FOR BREAKFAST AND A DEVOTIONAL AND THEN WILL DO A SERVICE PROJECT IN CONJUNCTION WITH SANDY PRIDE DAY.

WARD FATHERS AND SONS OUTING WILL BE MAY 19TH AND 20TH AT THE SPRUCES. BYO DINNER.WARD WILL PROVIDE BREAKFAST ON THE 20TH.

EMPTY NESTERS WILL MEET MONDAY MAY 8TH AT THE HOME OF KILA LACKEY AT 7:00PM. DON'T SIT HOME ALONE, COME AND JOIN US AS WE STUDY CHURCH HISTORY AND SOCIALIZE.

EMPTY NESTERS ARE
PLANNING TO GO TO
THE MARTIN HARRIS
PAGENT ON AUGUST
11TH. IF YOU ARE INTERESTED IN GOING
PLEASE CONTACT KILA
LACKAY FOR TICKETS.
THE PAGENT IS FREE BUT
TICKETS ARE REQUIRED.
KILA HAS SOME TICKETS.

HELP WANTED—THE IDEAL MOTHER:

Easy going, relaxed, loving type to care for infant. Should enjoy rocking, cuddling, be able to hold baby patiently for 20 minute feedings every three or four hours without fidgeting. Light sleeper, early riser. No degree necessary. Must take all shifts, seven-day week. No vacation unless can arrange to have own mother as temporary substitute. No opportunity to advance.

Wanted—Athlete in top condition to safeguard tireless toddler. Needs quick reflexes, boundless energy, infinite patience. ESP helpful. Knowledge of first aid essential. Must be able to drive, cook, phone, work despite constant distractions. Work 15 HOURS. No lunch breaks unless child naps. Would consider pediatric nurse with Olympic background.

Position open—Expert in early child-hood education to provide stimulating, loving, creative, individualized learning environment for pre-schooler. Should have experience in art, music, recreation, be able to speak one foreign language. Training in linguistics, psychology and Montessori desirable. Two hours off five days a week when nursery school is in session and child is well.

Good opportunity— For expert in recreation, camping, Indian arts, all sports. Should be able to referee. Must be willing to be den mother, room mother block mother. Public relations skills essential. Should be able to deal effectively with teachers, PTA officers, other parents. Knowledge of sex education, new math required Must have no objections to mud, insect collections, pet, neighbor's kids.

Job Available—For specialist in adolescent psychology, with experience in largequantity cooking. Tolerance is chief requirement. Slight hearing loss helpful or must provide own ear plugs. Must be unflappable. Should be able to sense when presence is embarrassing to child

Continued on page 3

PRIMARY

There are new faces in Primary this month—Ryan Easton, Lee Guest, Georgann Lloyd and Kaitlin Jensen who are now serving in the Primary. Welcome! A special thanks to those who have served so faithfully and well and are now going on to other callings—Taylor Sanderson and Allyn Thompson. They will be missed.

On April 21st the Primary children enjoyed a special Easter Activity. Thanks to Tamara Olsen who planned and organized this day and also thanks to all the children who attended. Each child planted a seed to take home and watch it grow. This seed is like faith that grows when it is cared for.

The Primary Theme for May is Heavenly Father gave me the gospel of Jesus Christ, promised before the world was.

The scripture for the month is taken from 3 Nephi 27, verse 21: "Verily, verily, I say unto you, this is my gospel; and ye know the things that ye must do in my church;...for that which ye have seen me do even that shall ye do." Children are encouraged to memorize the scripture. Family Home Evening would be a great time for parents to help them do this. Remember to bring your scriptures to Primary each Sunday. We will be using them in sharing times and also in class.

Congratulations to Ryker Olsen on his baptism on May 6th. This was a special day for him, his family and all of us in our ward. He is a very special boy and Heavenly Father and Jesus are pleased at his decision to become a member of the Church of Jesus Christ of Latter-day Saints.

Looking forward: the Primary children will be singing on Mother's day May 14th. Please encourage your children to participate. The mothers always look forward to hearing them.

YOUNG WOMEN

May 2 Planning Mtg. Girls Camp

May 9 No activity (moved to Thurs)

May 11 Comb.Y.M/.Y.W. Food Bank

May 16 Work on Camp Pins

May 23 Class Activity

May 30 Book of Mormon Reading Kick off

* * *Yeah its Girls Camp Time* * *

Now that summer is really around the corner we need to make sure everyone is planning on going to our Girls Camp. It is going to be super fun!!! Our Stake leaders have lots of activities planned for us.

This year camp is going to be \$70.00 a girl. We are asking that \$35.00 be paid by May 15th and the rest by June 15th. We are so excited for Girls Camp. It is a wonderful time for girls to become close friends and make fun memories for years to come! Those stories are the best!

***YOUTH CONFERENCE ***

All Young Women and Young Men 14 and older are invited to a super fun Youth Conference. It guarantees to be a blast! Plan now for a great time. Date: June 27,28,29th

Place : Rigby's Cabin at Bear Lake Activity: Boating and Water Fun

JUNE BIRTHDAYS

- 1 Allison Lloyd
- 2 Bob Schildmeyer Eva Stevens
- 3 Amber Weight
- 4 Mary Bye—Joyce Walkenhorst
- 6 Gina Messerly Ben Neisewender—Beverly Wagstaff

MISSIONARIES

Elder Kyle Guest

Philippines Bacolod Mission Pouch

P.O.Box 30150

Salt Lake City, UT. 84130

Elder James Nieswender

P.O.Box 2203

Konlonia FM 96941

Elder Steven Lesher

2612 5th Ave

Canyon, Tx 79015

Elder Mark Fairclough

PMB 157

P.O.BOX 439056

San Diego CA.

92143-9056

Elder Leonardo Sagebin

Minnesota Minneapolis Mission

5931 W. 96th St

Bloomington, Minnesota

55438-1715

Soster Malorie Dawn Ricks

Vestre Alle' 11, l sal

2500 Valby

Danmark

SERVICEMAN

William Schmitt

PSC 815-Box4 (POH)

FPO AE09836-0004 (new)

This address requires regular postage \$ 39.

TENTO PERSONS

NEW ACTIVITIES

From pg. 2

...and disappear.

Urgently needed—Financier to provide money, clothes, music, wheels to collegian. No advice necessary. Position may last indefinitely. Ample time left to take income producing work.

by Joan Beck

HAPPY MOTHERS DAY

MAY BIRTHDAYS

- 8 Dorothy Schmidt
- 9 Gordon Day
- 10 Jane Johnson
- 12 Tammie Dusoe
- 13 Janis Kershaw
- 15 Garnet Anderson John
- 19 Rachel Bierman
- 20 Audrey Haight
- 22 Jim Wagstaff
- 23 Robert Reynolds
- 24 Della Mae Horrocks— Tarin Flinders
- 26 James Taylor
- 27 Diane Clark
- 28 Todd Lloyd—Vance Rawlings—Nathan Nielsen
- 29 Ray Bierman
- 30 Ray Bye-Evah McMullin

PHYSICAL HEALTH/WORD OF WISDOM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
			,			
g ^r i						100
						14.50
	FHE			SIBA		STAKE BAPTISM
7	8	9 .	10	11	12	13
						SANDY PRIDE
						DAY STAKE
				7.00.		FATHERS &
FAST SUNDAY CES YOUNG				7:30PM SCOUTING		SONS 8AM STAKE CNTR.
CONTRACTOR 10 1000000000000000000000000000000000	EMPTY NESTERS			ROUNDTBL.		YW/YM REG.
FIRESIDE	7:PM FHE			SIBA		DANCE
14	15	16	17	18 STBA	19	20
				7:00PM		
				AARONIC	7:00PM STK. R.S.	7
				COMMTEE MTG.		1
				8PM	ADULT	1
				MELCHEZEDEK PRSTHD COMM.	/	WARD FATHERS & SONS OUTING
MOTHERS DAY	FHE		E .	MTG.	SONS	1
21	22	23	24	25 SIBA	26	27
				7DM CTAVE	ř.	
				7PM STAKE WELFARE/8PM		14.
7AM ST	-			RED SPUR		e 3:
BISHOPS MTG.		ED11 OD11 DD1		BOARD MTG.		g#1
W/ COUNSELORS	FHE	5PM-9PM DRY PACK CANNING		8PM STAKE COUNCIL		
28	29		21			
20	29	30	31			
						SUNDAYS &
		5PM - 8 PM	7:30PM			THURSDAYS SIBA = STAKE
7AM STK PEC		SANDY	MISSION PREP			INTERVIEWS BY
4:15pm Missionary		VEGETABLE	STK NIGHT			APPOINTMENT
correlation	FHE	PROJECT	(PRIESTS)			576-2991